

Mission

To improve the health of youth, and to increase their capacity to learn, by bridging the gap between education and health, through personal responsibility and the support of families, communities and schools working together.

AFTER HOURS CARE

866.216.0621

When you have questions about your health, you may not be sure where to go. Instead of waiting and worrying, for after-hours care please call **866.216.0621**. The after-hours care provides support and guidance for any non-emergency situation. For emergencies please call **911**.

MENTAL HEALTH RESOURCES

TEXT "**Home**" to **741741** any time 24 hours a day/7 days a week, to speak with a trained crisis counselor about anything that is on your mind. This is free and confidential.

The 24-hour HELP-Line 269.381.HELP (381.4357)

Call, even if you think there's no way anyone can help you. There is someone you can reach out to in those times when you feel desperate, overwhelmed, emotional or hopeless. There is someone who will listen, who can help you sort through your thoughts, who can let you know where you can turn for help or can directly send help to you, or can show you compassion and empathy to help get you through the moment, the hour, the night.

Suicide Helpline — Call or text #988



PAWS/CAHC and E3 Program

Office: 269.273.1418

Fax: 269.273.3347

Kiel Lucas, BSN, RN
Program Coordinator & School Linked
Nurse Liaison

Andrea Scott, LMSW
School Based Social Worker



For more
information, visit:
trschools.org



Prevention & Wellness Services/
Community Adolescent Health Center
721 6th Avenue, Suite A
Three Rivers, MI 49093



Hours of Operation
Monday - Friday 8 a.m. - 4:30 p.m.
(closed for lunch 11:30 a.m. - 12:30 p.m.)



Three Rivers Health



Three Rivers Health



Enhancing, Expanding Emotional Health (E3) School Based Program

An extension of PAWS Community
Adolescent Health Center



The Enhancing, Expanding Emotional Health (E3) Program is a School Based model designed to improve access to comprehensive mental health services. The school setting is an ideal place to provide mental health support to students. Services are focused on providing early identification, prevention and interventions that can help to address students' overall development and thus enhances their ability to succeed socially, emotionally and academically.

In collaboration with Beacon Health System
- Three Rivers Health, PAWS/CAHC, Three Rivers Community Schools and The Michigan Department of Health and Human Services.



Enhancing, Expanding Emotional Health

Understanding services through the School Based E3 Program

School Linked and School Based health models are nationally recognized as one of the best ways to provide effective, efficient and appropriate health care services to adolescents. These health centers provide comprehensive medical and mental health treatment for young people on or near school grounds.

Three Rivers Health PAWS School Based E3 program, offers therapy services to Three Rivers Middle School students. It's just like any other mental/behavioral health office, except it is conveniently located within the middle school so students do not need to leave the building to receive services.

The E3 Program was made possible through grant funding awarded to Three Rivers Health PAWS/CAHC (Community Adolescent Health Center) by the Michigan Department of Health and Human Services. The School Based Therapist is a Licensed Master Social Worker who has extensive experience working with adolescents within educational systems.

The program offers a variety of services to meet the needs of students at the middle school. These services include:

- Counseling—individual, treatment groups and classroom education
- Support programs such as school climate initiatives, bullying prevention, etc.
- Crisis intervention
- Anger management
- Anxiety, depression and suicide prevention
- Family conflict
- Peer pressure
- Referrals to other services

Fee for services:

- Any Three Rivers Middle School student is eligible to receive services with the Licensed Master Social Worker through the E3 Program.
- Services that are billable will be submitted to the insurance on file with Three Rivers Health PAWS/CAHC.
- All insurance plans are accepted, including Medicaid and Medicaid Health Plans.
- Please be aware in some cases there may be copays or a remaining balance for which you may be responsible.
- Should you be unable to fulfill payment, Three Rivers Health PAWS/CAHC will work with you on options for reimbursement.
- A sliding fee schedule is available for students who do not have insurance.
- Services are provided regardless of ability to pay.



Utilizing services through the School Based E3 Program

- TRMS students may be referred for services by parents/guardians, school staff, primary care providers, or through self-referral.
- For all non-parent/guardian referrals, the parents/guardians will be notified of the referral and options for services will be reviewed before any services are rendered. (A verbal consent for services is acceptable for the first visit only.)
- A signed parental consent is required for services with the exception of Confidential Services*.
- Students will be provided with a visit notification/plan of care form to take home with them after their session with the therapist.
- The Family Educational Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPAA) privacy rules related to the use and disclosure of information are followed.

** Confidential Services: minors 14 years and older may receive counseling services not to exceed 12 visits over 4 months.*

